**Toronto Waldorf School**

**After-School Sports Program**

**2018-19**

**Fall Season**

**Cross Country Running (Grade 6 and up Coed):**

Practices begin **Tuesday, September 11th**  Meet at the back door by the Handwork Room

Practices: Tuesdays and Thursdays 7:30 – 8:15 am

Meets: To be announced

**Cross Country running is great training for all; participation in a meet is not required. Join us for the training and the fun.**

**Boys’ Volleyball:**

Practices begin **Monday, September 10th**

Practices: Mondays and Wednesdays 3:45 – 6:00 pm H.S. 3:45 – 5:30 pm Elem

Games: Mondays and Wednesdays Schedule to be announced

**Girls’ Basketball:**

Practices begin **Tuesday, September 11th**

Practices: Tuesdays and Thursdays 3:45 – 6:00 pm H.S. 3:45 – 5:30 pm Elem

 HS Sundays 9-11 am

Games: Tuesdays and Thursdays Schedule to be announced

**Winter/Spring Season**

**Boys’ Basketball:**

Practices begin **Monday, December 3rd (tentative)**

Practices: Mondays, Wednesdays and some Fridays 3:45 – 6:00 pm H.S. 3:45 – 5:30 pm Elem

 HS Sundays 9-11 am

Games: Mondays, Wednesdays and some Fridays Schedule to be announced

**Girls’ Volleyball:**

Practices begin **Tuesday, December 4th (tentative)**

Practices: Tuesdays and Thursdays 3:45 – 6:00 pm H.S. 3:45 – 5:30 pm Elem

Games: Tuesdays and Thursdays Schedule to be announced

**Co-ed Badminton:**

 Practices begin **Tuesday, March 25th**  3:45 – 5:30 pm H.S. and Elem

 Practice dates: Tuesday, Wednesday, Thursday 2 Tournament dates in April and May

**Special Events & Tournaments (as known at this time)**

**February 1st & 2nd, 2019 (Fri/Sat) Annual Grade 7 & 8 Boys’ & Girls’ Waldorf**

 **Basketball Tournament**

The annual tournament will be held at the Toronto Waldorf School this year and is a joint organizing effort between the Grade 7&8 students and parent body. Schools involved are TWS, Aurora Waldorf School, Halton Waldorf School, Everlasting Tree and Waldorf Academy. Teams arrive on Friday mid-afternoon and are accommodated in the school overnight. Friendly games take place on Friday night and all day Saturday. A dance will take place for players on Friday night. Anyone interested in attending to cheer the teams is welcome at any time.

**February 7 - 10, 2019 (Thurs-Sun) Annual Waldorf Varsity (High School) Boys’ and Girls’ Basketball Tournament at Kimberton Waldorf School, Pennsylvania**

The annual tournament for Waldorf High School teams from the eastern U.S. will take place again this year at the Kimberton Waldorf School, about an hour east of Philadelphia. The TWS Girls’ and Boys’ Basketball teams leave on Thursday morning at 8:30 am and arrive Thursday night. They traditionally play the first game of the tournament on Friday at noon. Friendly games are played all day Friday and Saturday and a Three-Point Contest and Social are held on Saturday night. A boys’ and girls’ all star game is played on Sunday morning. The students head straight home and arrive in Toronto about 10 pm on Sunday night. Schools participating usually include Green Meadow Waldorf School (New York), Rudolf Steiner School (New York City), Garden City Waldorf School (New York City), Washington Waldorf School, High Mowing Waldorf School (Massachusetts), Kimberton Waldorf School and Toronto Waldorf School (the only Canadian participant).

**SSAF BADMINTON TOURNAMENTS**

**Mid-April (tba) Round 1 SSAF Badminton Tournament**

**Early-May (tba) Final SSAF Badminton Tournament**

TWS participates in the SSAF Badminton tournaments for two different age categories: Elementary (Grade 7&8) and U20 (High School). Any player who places in the top 4 of their category in the first round advances to the final round. Space is limited for spectators and is usually reserved for players and coaches only.

Badminton tryouts may begin two or three weeks before the March Break and continue after the break. Only 16 players are allowed on a team as per league regulations. Notices will be posted and announcements made to all classes when practice days and tournament dates are finalized.